

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 5 (Warmup 12.10 - 12.40)

Event 223 Girls 12-13 400 LC Meter Freestyle

Name		Age		Team	Prelim Time	
Preliminaries						
1	Sherrard, Alex	13	Torfaen D			4:49.68
	30.90	34.93	36.88	38.04		
	38.04	37.83	36.99	36.07		
2	Donaldson, Evie	13	Co Newport			4:52.95
	32.35	36.63	38.30	38.12		
	37.75	38.50	36.74	34.56		
3	Klak, Nina	13	Co Newport			4:54.44
	32.03	35.77	38.15	38.73		
	38.40	38.03	37.17	36.16		
4	Davies, Macy	13	Torfaen D			4:55.31
	32.71	35.96	37.75	38.00		
	38.37	38.10	37.95	36.47		
5	Berner, Iyla	12	Nofio S Gar			4:56.09
	32.68	36.47	38.00	38.46		
	38.20	38.35	37.66	36.27		
6	Thomas, Carys	13	Northampton			5:04.95
	34.13	37.70	39.08	38.70		
	39.74	39.49	38.03	38.08		
7	Filmer, Gwennan	13	Nofio S Gar			5:06.50
	33.31	37.95	39.64	39.65		
	39.68	39.69	39.98	36.60		
8	Chauhan, Amber	13	Nofio Bangor			5:07.15
	34.33	38.90	39.36	39.86		
	39.09	39.75	38.89	36.97		
9	Gray-Thomas, Jessica	12	Conwy			5:11.55
	36.87	39.38	39.93	40.19		
	39.31	39.77	39.63	36.47		
10	Pawlowski, Isabelle	13	Corby			5:12.95
	34.09	38.05	40.10	40.23		
	41.72	40.54	40.05	38.17		
11	Olszewska, Maya	13	Co Newport			5:14.06
	34.87	39.33	40.60	40.80		
	40.19	40.61	39.85	37.81		
12	Davies, Ava-Rose	12	Nofio S Gar			5:14.38
13	Roberts, Connie-Rae	12	Co Newport			5:18.57
14	Beasley, Evaleigh	12	Swansea Aq			5:19.40